

Cheerleaders

Develop your competitive edge with US!

Saturdays 11:45am-12:45pm

\$10/athlete

combine with Open Gym for \$10 more!

Saturday Open Gym 2-4pm

\$20/athlete



Tumbling, Strength, and Conditioning

Class is open to JV and Varsity cheerleaders
The class is designed to help develop and enhance the necessary skills performed in today's cheerleading routines.



**Contact Coach Alonzo @ (413) 552-9060
for more information**